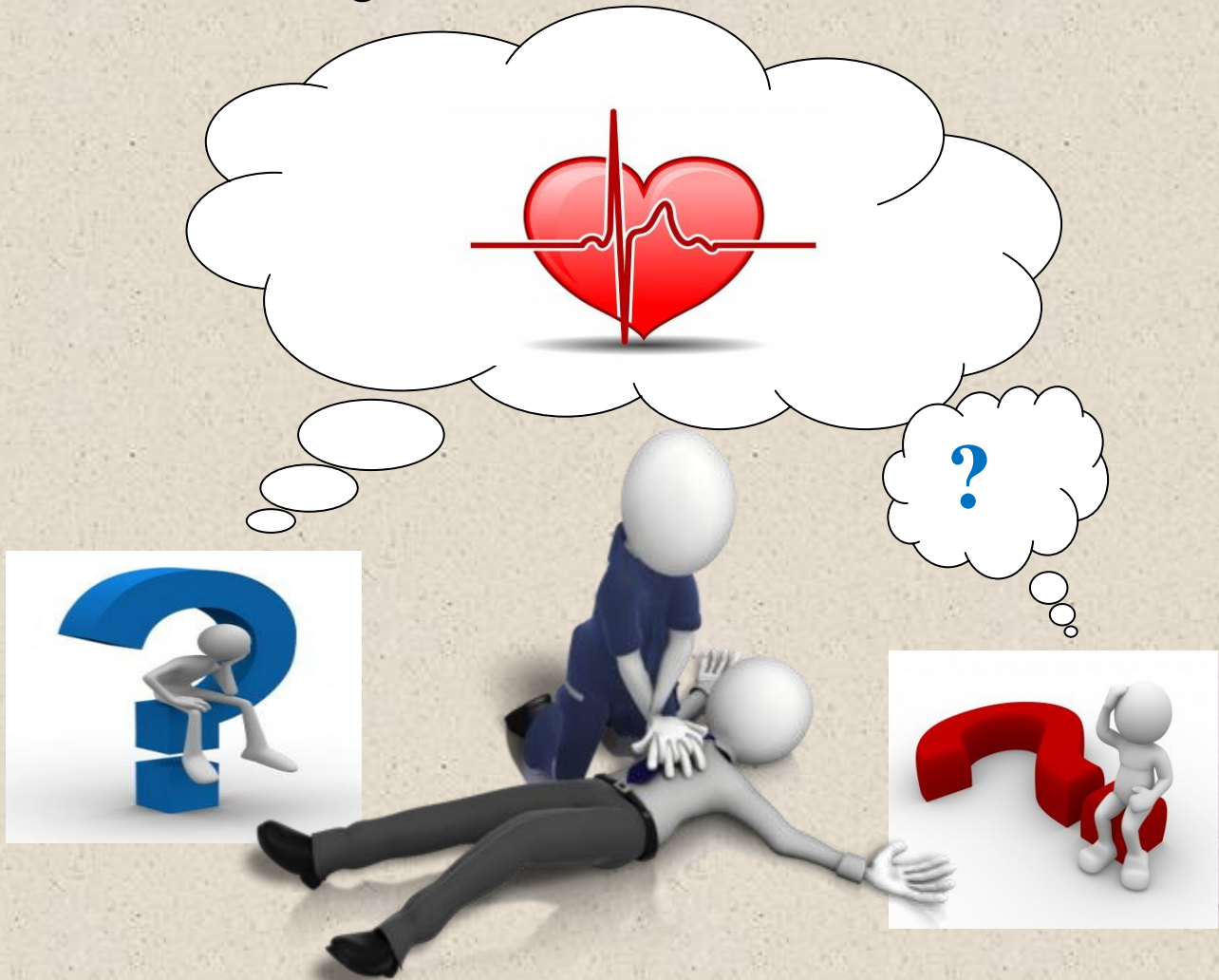


CPR

Talking to someone about **CPR**?



CPR stands for...

Cardiopulmonary Resuscitation

This book will try and help you understand about **CPR**

Talking about CPR

You might need to talk about whether CPR is right for you because of an accident, an illness, or at the end of your life



Doctors

and

nurses



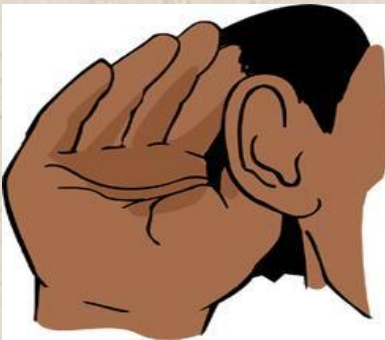
involved in your care will talk to you and help you understand more



If you are not ready to talk... tell us...that's ok



We will wait until
you are ready to
talk about it



We will listen to
what YOU want



You can tell us
about your religion
or what you believe
in



and what YOU
would like to
happen to you

These are some people who you might want to talk to about CPR...

- A carer or somebody who helps you
- Your family or your best friend
- The doctors and nurses involved in your care
- A vicar or priest
- An advocate
- Support groups
- The NHS helpline



This booklet is part of a series of 4 leaflets...

- What is CPR?
- Talking to someone about CPR
- Will CPR work for me?
- Who decides about CPR?

You might want to read these one at a time and in your **own** time

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With thanks to

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- Barod

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