

COLLABORATION & Co-DESIGN is key!

We have to
Nourish to
Flourish

Look after tea

"one brick parent"

WHAT DOES
THE BUILDING
REPRESENT?

PUZZLES
HAVE
PIECES MISSING

OUR
TOILETS ARE
AWFUL...

HOW DOES IT MAKE
PEOPLE FEEL?

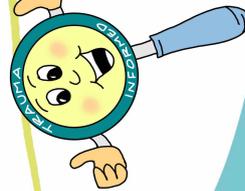
IF OUR BUILDING
COULD TALK

WHAT WOULD
IT SAY?

There is NO
ONE WAY
to do it...

TRY TO BE AS
MINDFUL AS
POSSIBLE...

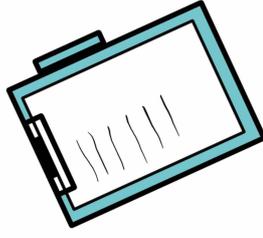
its a journey



DR KAREN TREISMAN
SAFE HANDS AND
THINKING MINDS

THE 4R'S OF TRAUMA
INFORMED, INFUSED &
RESPONSIVE SYSTEMS

Realise 
Recognise 
Resist 
Respond 



STEPS to REFLECT

CHOOSE AN AREA TO
FOCUS ON

WHAT'S WORKING?

HOW CAN WE
IMPROVE?



LOOK WITH
A DIFFERENT
LENS



Trauma, adversity &
Culturally informed,
Infused, & responsive
physical environments
& spaces



SOME THINGS TO THINK ABOUT...

SIGNAGE

ORIENTATION

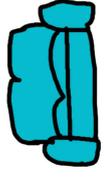
- PARKING
- DIRECTIONS
- MAPS
- VIDEOS

Welcome

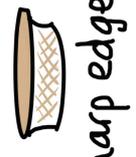
♥ **NATURE**



♥ **COLOUR**
Blues/greens



♥ **CIRCLES & CURVES**



NOT TOO BUSY - NOT TOO STARK



How could your POSTERS be RECEIVED?

Don't WORRY HAPPY

INTERROGATION ROOM

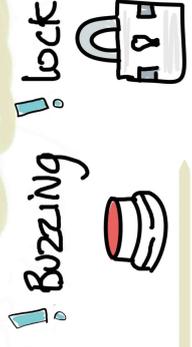
ONLY ENGLISH TO BE SPOKEN



THINK ABOUT THE ACRONYMS YOU USE

looked after by Child... or LACing?
They're a LAC

BE AWARE OF DISTRACTIONS



♥ **PRIVACY**

- doors
- curtains
- sound proofing
- sign in

REGULATING ITEMS

- chairs/bean bags
- tents
- sensory items
- balance board
- Nurture & sensory spaces
- Colouring Wall
- OR Chalk Wall
- GIVE & TAKE STONES... TO KEEP PEOPLE OCCUPIED
- Maze



BE AWARE OF...

- Music
- blindsight
- dark corridors

MULTI-SENSORY REMINDERS OR TRIGGERS



TEXTURES/ TOUCH



SMELLS



SIGHT



SOUNDS



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