

Emergency Assessment

Ask. Assess. Act

Match the care to the need
Right Care. Right Time. Right People

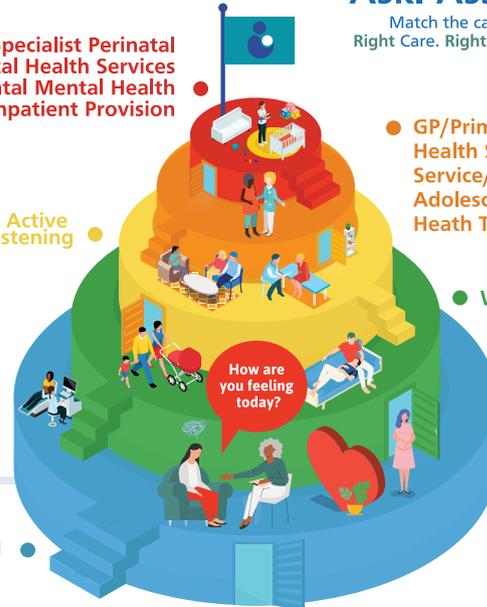
Specialist Perinatal Mental Health Services
Perinatal Mental Health Teams & Inpatient Provision

Active Listening

GP/Primary Mental Health Support Service/Community/Adolescent Mental Health Teams

Watchful Waiting

Universal



You will be ASKED - How are you feeling today?



You may need to be asked more questions about how you are feeling, so that you can decide how we can support you

Level 1

Level 2

Level 3

Level 4

Level 5



This is to make sure that you and your family are offered the **right support for you at the right time**



If you need an assessment now, we will make sure that the **right people are contacted.**

We will stay with you and make sure that **you are supported.**

If we are not with you, we will need to ask where you are, who is with you or who could be called to support you.

We will then let other people working with you know what support you will need and **what is in your plan.**



GIG
CYMRU
NHS
WALES

Rhwydwaith Iechyd
Meddwl Amenedigol
Perinatal Mental
Health Network

#OpeningDoorsToParenthood
PNMHnetwork@wales.nhs.wales