

Inpatient Admission

All health care professionals - e.g. midwives, health visitors and GP's to monitor mental health and to be aware of **RED FLAG SIGNS**:

Observe for:

- Sudden changes in mental state/emergence of new symptoms
- Expressions of wanting to harm self/baby or suicidal thoughts

Maternity Inpatient setting

Community setting

Emergency mental health assessment required within 4 hours:

In normal working hours: Liaise with Specialist Perinatal Mental Health Team, Liaison Service, Crisis Team (CRHT) or Care Co-ordinator in CMHT/CAMHs (if woman known to team)

OR

Out of hours: Liaison service

Emergency mental health assessment required within 4 hours:

In normal working hours: Liaise with GP, Specialist Perinatal Mental Health Team, Liaison Service, Crisis Team (CRHT) or Care Co-ordinator in CMHT/CAMHs (if woman known to team)

OR

Out of hours: On Call GP service or Liaison service via A & E

The safety of the baby and any other children is paramount and her/his needs must be assessed immediately prior to a referral to any perinatal mental health team/services.

Emergency Assessment Completed and inpatient admission required.

Contact made with Uned Gobaith colleagues and multi-disciplinary discussion completed. If no beds available within Wales, access Web beds to locate other available beds across England and liaise with WHSCC for funding.

Referral accepted, paperwork completed and admission arrangements agreed

Women with a moderate to severe mental illness who are currently stable may require a prophylactic admission. Contact to be made with colleagues at Uned Gobaith and a multi-disciplinary discussion completed

If no available beds/woman declines or other contraindication to Specialist Perinatal Mental Health inpatient admission consider:

- Referral to Crisis Resolution and Home Treatment Team (CRHTT)
- Admission to adult psychiatric unit

All women requiring admission to Specialist Perinatal Mental Health Inpatient Unit in late pregnancy or the postpartum period should be admitted together with their babies unless there are specific reasons not to.

Where beds are unavailable the woman should be transferred to a Specialist Perinatal Inpatient Unit at the earliest opportunity.



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