

Emergency Assessment

Ask. Assess. Act

Match the care to the need
Right Care. Right Time. Right People

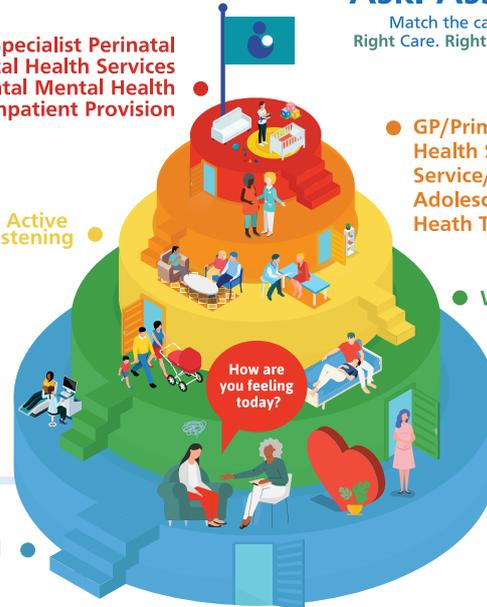
Specialist Perinatal Mental Health Services
Perinatal Mental Health Teams & Inpatient Provision

Active Listening

GP/Primary Mental Health Support Service/Community/Adolescent Mental Health Teams

Watchful Waiting

Universal



ASK - How are you feeling today?



Assess - offer further screening using the EPDS and/or GAD-7, professional judgement and discussion with the woman. If a referral to the Specialist Team is required, please offer additional screening using the PHQ-9.

Level 1

Level 2

Level 3

Level 4

Level 5



Act - 'match' the care to the need
Right Care Right Time Right People

Universal

Watchful Waiting

Active Listening

GP/PMHSS
CMHT/ CAMHs

Specialist Perinatal Mental Health Services
Perinatal Mental Health Teams & Inpatient Provision

Community

Hospital or
Midwifery Led Unit

